



WEEKLY dish

WEEK OF APRIL 15 .2024

MONDAY

LOADED BUFFALO CHICKEN BAKED SWEET POTATO

loaded baked sweet potato with buffalo chicken breast, and topped with blue cheese dressing and chives

\$9.50

SOUP: CHICKEN NOODLES
BROCCOLI & CHEDDAR (VGT)

TUESDAY

MEXICAN SPECIALTIES

chicken fajitas, pork in green salsa, chicken flautas
cheese stuffed poblano pepper, fiesta rice,
and refried beans, & corn tortillas

SOUP: CHICKEN POZOLE
BUTTERNUT SQUASH (VGT)

WEDNESDAY

GRILL DAY!!

poor boy steak sandwich with caramelized onions
and mozzarella cheese on French bread, served
with fries **\$13.95**

+ burger & chicken sandwich

SOUP: CHICKEN POZOLE
QUINOA VEGETABLE SOUP (VGT)

THURSDAY

SABAL KOREAN BOWL

cauliflower rice, white rice, brown rice, chicken thigh,
pork belly, bibimbap tofu, gochujang sauce, sweet
sriracha, kim chi, pickled carrots, pickled shallot, pickled
pickled Cucumber, radish

SOUP: CHEF CHOICE

\$11.50

FRIDAY

ITALIAN CHICKEN PARMESAN SANDWICH

homemade breaded chicken, parmesan,
with marinara sauce, provolone cheese, on
focaccia bread served with fries

\$10.50

V-VEGETARIAN

VG-VEGAN

GF-GLUTEN FREE

DF-DAIRY FREE

CN-CONTAINS NUTS



THOROUGHLY COOKING FOODS OF ANIMAL ORIGIN SUCH AS BEEF, EGGS, FISH, LAMB, MILK, POULTRY OR SHELLFISH REDUCES THE RISK OF FOODBORNE ILLNESS INDIVIDUALS WITH CERTAIN HEALTH CONDITIONS MAY BE AT HIGHER RISK IF THESE FOODS ARE CONSUMED RAW OR UNDERCOOKED.



FOOD PREPARED MAY CONTAIN WHEAT, FISH, DAIRY, EGGS, SOY, & NUTS.